

PERIOD FRIENDLY SCHOOLS



Period Friendly Schools Training

In person or online training sessions for primary & secondary SLT, school staff & school nurses

This training aims to equip schools with practical ideas & solutions to become more Period Friendly and tackle the 'Toxic Trio Of Period Poverty' (Plan International, 2018) in their setting. The Toxic Trio encompasses:

- ▶ Lack of access to period products
- ▶ Lack of education about periods
- ▶ Shame, stigma & taboo surrounding periods

The training covers:

Creating a period friendly culture
Managing periods in school
Teaching about menstrual wellbeing
Including everyone

2.5 hour session in person or online

Included: PDF of slides, handouts, recording of presentation if online

Previous participant feedback:

"Really good useful training and will allow skills to take back for a school audit on where we are now at. Thank you" Derbyshire secondary school PSHE lead

"Fantastic and informative session with lots of ideas and resources to take away" Derbyshire primary school teacher

"Very practical information as to how to implement in school" Bristol school nurse

"I found looking closely at what our school is already doing useful, & the questions were well thought out for suggesting best practice" Bristol headteacher

For more information & booking contact:
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